



Speaker Bio

Gabriell Sacks

Gabriell Sacks, Ph.D. has a background in Special Education and has worked as a music teacher, an elementary/special education teacher, an academic director, and a behavior specialist consultant. She now focuses her time on creating her psycho-structures, writing, and playing music. It took 22 years in the mental health system, multiple therapists, and close to 2 dozen hospitalizations before she received an accurate diagnosis of DID. Now, with the support of her skilled therapist, she is finally making progress in her healing, moving forward, and reclaiming her life.