



Speaker Bio

Jennifer Kraft

Jenna is a wife, a mom, an author, and she has dissociative identity disorder. It used to be called Multiple Personality Disorder, and Jenna was 35 the first time she had an inkling that she wasn't alone in her own mind. Through years of therapy, professional assessments, and diagnosis, Jenna and the system of alters (together known as the Gianu System) have been sharing their story in hopes of lessening the stigma surrounding this disorder.